

ADVANCED SOLUTIONS ADVISORS

Initial New Client Questionnaire:

Instructions: This questionnaire will help you succeed with your future sessions. Please, take your time since it may take up to 2 hours to complete the following form. Email me completed form to: stella@advancedsolutionsadvisors.com or fax to: 617-731-4166

Name: _____

Home Address: _____

Telephone Number: _____

Email: _____

Emergency contact: _____

Occupation: _____

Date of Birth: _____

Marital Status: _____

Spouse/Partner's Name (optional): _____

Names/Ages of Children: _____

PERSONALITY:

What do you feel passionate about?

How are you solving problems and concerns in your life?

What do you consider your personal strengths?

What talents do you have?

What does success mean for you?

What has made you the most successful?

What motivates you or gives you energy (coffee, adrenaline, deadlines, meditation, exercise, nature...?)

YOUR AREAS OF CONCERN:

What have you been procrastinating about lately?

What situations you are trying to avoid?

What actions do you find least productive?

What are your three biggest concerns/fears about yourself?

What are your three biggest concerns about life?

What are some of the biggest things that you had to overcome?

YOUR GOALS IN LIFE:

What is the biggest change you would like to make in your life?

What outcome would make you satisfied?

What skills would you like to obtain?

What are the three changes you would like to make that would significantly improve your life within a week?

If you were guaranteed success, what would you do?

How ready you are for reaching your goals?

PEOPLE IN YOUR LIFE:

Are there any people in your life who can help in achieving our goals?

Are there any people in your life who prevent you in reaching your goals?

What characteristics and traits do you find most appealing in others?

Who are the key people in your life?

What do they provide for you?

PREVIOUS HISTORY:

Have you worked previously with any specialist to resolve your issues?

If yes, please list the names.

What are your favorite pastimes, name at least five?

What are some important things you learnt in the last year?

YOUR CURRENT SITUATION:

What is the most exciting aspect of your job/hobbies?

What is the biggest motivation at this point in your life?

What actions do you find the most productive?

What is present in your life for which you are grateful?